



Call us 01799 584178

March 2021 Newsletter

Spring is in the air (sort of!)...and light appears to be visible at the end of the Covid-19 tunnel as a result of the vaccination roll out and lockdown. What would be nice now is to see lambs in the fields and more spring bulbs showing their faces!

At last it appears that the health and care workforce are able to start thinking beyond managing Covid-19 and look beyond the coronavirus pandemic - it has been a gruelling time for many and so we hope that there is more for you all to smile about in the coming weeks and months.

Please feel free to share this newsletter with colleagues (or family or friends) who may be interested - people can register to receive our communications direct to their email inbox by completing the registration form on our website

[Register here](#)

Reminder...



All people with diabetes are in Group 6 and are therefore eligible for the coronavirus vaccination.

Those living with diabetes have higher risk with Covid-19, therefore please spread the word and encourage everyone with diabetes to have the vaccine. If they haven't had a call/received a letter the button below links to the NHS vaccination booking site...

[NHS book vaccine](#)

It's National Feet Week!

This week is #NationalFeetWeek, a national initiative from [Osgo Healthcare](#) drawing attention to the importance of us looking after our feet.

Head over to the National Feet Week website to find out more - useful articles, tips and advice are available for all to access.

National Feet Week



Supporting National Feet Week

DUET diabetes webinar workshops



www.duetdiabetes.co.uk/diabetes-virtual-workshops/

As a proud supporter of National Feet Week, as well as disseminating and sharing relevant information during the campaign, we are offering a 10% discount across the range of all our webinar workshops booked during March.

When booking places through Eventbrite or directly with us via phone or email, please quote **NFW10**

For information regarding the content, dates and cost of our webinar sessions visit our website via the button below

Webinar workshops

Three podiatrists and a camera!

Last summer we spent a couple of days filming practical demonstrations relating to our 'Hands on Feet' training portfolio (to use in our webinar workshops).

At the end of one of the filming sessions Lynne took the opportunity to talk to three experienced HCPC registered podiatrists about their roles, with a particular focus on diabetic footcare. As it is #NationalFeetWeek and the 'interview' fits with #LetsTalkAboutFeet we thought we would share...



Blogs

Dexamethasone and Oxygen Therapy in Care Home Residents with Diabetes - A Management Guide and Algorithm for Treatment

With the main aim of minimising morbidity and mortality from serious acute illnesses, new guidance for care homes has been published.

The availability of guidance such as this providing advice, clear algorithms and clinical alerts will hopefully make a difference to all those involved in looking after people living with diabetes in care homes.

Accessed via the button below (a link to The Diabetes Times), it provides clinically relevant and practical guidance. Many residents who have contracted Covid-19 have been treated by care home staff rather than admitted to hospital due to the 'huge burden on hospital based care' during the pandemic.

If locally adapted and agreed with the community based healthcare services and GP-led teams which support/provide clinical care to care homes, this guidance will aid in the delivery of care not usually considered to be within the remit of the care staff.

[Access the guidance](#)

Ramadan



This year Ramadan begins on 12 April. For people living with diabetes who wish to fast this can be a challenging time for them to manage their diabetes. The team at Leicester Diabetes Centre has produced some new resources for healthcare professionals which no doubt will be welcomed. Ensuring they are up to date with current guidance in turn will help HCPs to support their patients wishing to fast...thus benefiting all concerned!

[Find out more here](#)



The team behind Diabetes Professional Care have done a fantastic job during the pandemic to support healthcare professionals accessing relevant educational webinars/forums. Find out more about their winter forum by clicking the button below.

DPC Winter Forum

Upcoming workshops - April and May

18 March: Ankle Brachial Pressure Index Assessment, 9.30am £55pp

31 March: Insulin Awareness and Injection Technique, 9am £15pp - NOW FULL, new date...

18 May (during [Insulin Safety Week](#)): 9am or 1.30pm £15pp
all these sessions are kindly part sponsored by [Owen Mumford](#)

25 April: Diabetic Foot Awareness for Beauty & Wellness Therapists, 9.30am £45pp

26 April: Diabetes Awareness and Blood Glucose Monitoring & Glucometer Training, 9am £58pp

Diabetic Foot Screening - May date tbc; register your interest by sending us an [email](#)

Dates for national conferences/meetings:

[Caring UK: Regional Care Conferences](#)
Throughout the year

[College of Podiatry Conference](#)
2 & 3 July 2021
Liverpool

Residential and Home Care Show

7 & 8 July 2021

ExCeL, London

The Dementia, Care & Nursing Home Expo

15 & 16 September 2021

NEC, Birmingham

Awareness Campaigns

National Feet Week

8 - 14 March 2021

Insulin Safety Week

17 - 23 May 2021

Nutrition & Hydration Week

14 - 20 June 2021

You can keep in touch with us on social media, where we share various information, list our upcoming workshops and provide links to new blogs when they go live on our website. Look out for more video blogs (food related) coming soon!

Please do not hesitate to contact us for an informal chat about your diabetes training needs, we are always happy to help where we can.

01799 584178 | [Visit our website](#) | [Send us an email](#)



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